PROMOTION TIME

HM2 (SW/AW/FMF) James M. Nicholson

Note for You

Prior to the exam you are given to pieces of blank paper. Please use the following information and continue to write it over and over again. Then when you take the test you can data dump this stuff as a sort of cheat sheet.

Trust me… it works.

P-5010

CH.			
1	**F**	FRANK	**FOOD**
2	**L**	LIKES	**LIVING**
3	**V**	VERY	**VENT**
4	**S**	SMALL	**SWIM**
5	**A**	APPLES	**ASHORE H20**
6	**A**	AFTER	**AFLOAT H20**
7	**W**	WATCHING	**WASTE H20**
8	**E**	EVERYONE	**ENTOMOLOGY**
9	**G**	GO	**GROUND FORCES**

DISCHARGES

H HONOR
G GENERALS
B BEFORE
D DISHONORING
O OTHERS

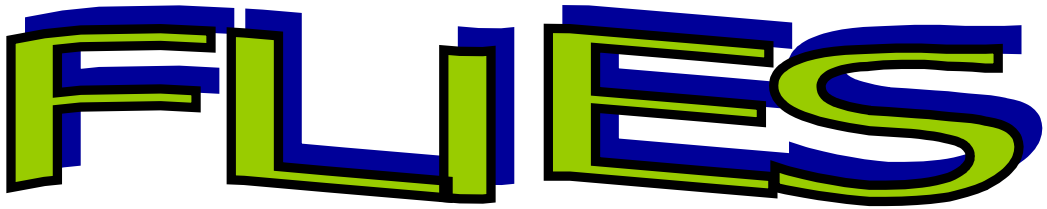
MANMED P-117

CH. 1	MEDICAL DEPT
6	DENTAL
9	HOSPITAL CORPS
15	PHYSICALS
16	RECORDS
17	CARE OF DEAD
19	FMF
21	PHARMACY
22	PMT
23	REPORT / FORMS

SSIC CODES

1	**P**	PUT	**PERSONNEL**
2	**T**	THOSE	**TELE**
3	**O**	OPEN	**OPERATIONS**
4	**L**	LIMES	**LOGISTICS**
5	**A**	AROUND	**ADMIN**
6	**M**	MY	**MED / DEN**
7	**F**	FACE	**FINANCE**
8	**O**	OR	**ORDINANCE**
9	**S**	SEND	**SHIP DESIGN**
10	**M**	MY	**MATERIALS**
11	**F**	FRICKIN	**FACILITIES ASHORE**
12	**C**	CHECK	**CIVILIAN**
13	**A**	ATTENTION	**AERONAUTICAL**
16	**CG**	COAST GAURD	**COAST GAURD**

TRANSMITTED BY



C CHOLERA

A AMEBIASIS

T TYPHOID FEVER

INSTRUCTIONS

6222 8

6222 1

FORMS

LEUKOPENIA

H HEPATITIS

A ANAPHYLACTIC SHOCK

T TYPHOID FEVER

P PNEUMONIA

A APPENDICITIS

M MENINGITIS

LEUKOCYTOSIS

SUPPLY CODES

6505	D	DURING	DRUGS
08	C	CHILI	COSMETICS
10	D	DECEMBER	DRESSINGS
15	I	I	INSTRUMENTS
20	D	DELIVER	DENTAL
25	X	X-MAS	X-RAY
30	F	FRUIT	FURNITURE
32	C	CAKES	CLOTHING
40	O	ON	OPTICAL
45	K	KING’S	KITS
50	I	ISLAND	INVITRO

ALLERGIC TO EGGS

T TYPHUS

I INFLUENZA

M MEASLES

Y YELLOW FEVER

4 QUARANTINABLE DISEASES

P PLAGUE

S SMALLPOX

Y YELLOW FEVER

C CHOLERA

SERVICE RECORD

1070/600	**S**	SERVICE RECORD
1	**R**	RE-ENLISTMENT CONTRACT
2	**E**	EMERGENCY DATA
3	**C**	CLASSIFICATION
4	**T**	TRAINING / AWARDS
5	**H**	HISTORY OF ASSIGNEMENTS
6	**U**	U A RECORD
7	**C**	COURT MEMO
9	**E**	EVAL
10	**P**	PERSONNEL ACTIONS RECORD
11	**R**	RESERVE SERVICE
13	**A**	ADMIN REMARKS
15	**R**	RESERVE DISCHARGE
DD-214	**D**	DD-214 SEPARATION

GRAM'S STAIN

C OAST
CRYSTAL VIOLET

G UARD
GRAM'S IODINE

A CADEMY
ACETONE ALCOHOL

S AVES
SAFARIN

P EOPLE
PRIMARY STAIN

M ONEY
MORDANT

D URING
DECOLORIZER

C OLLEGE
COUNTER STAIN

VITAMINS

A	REALLY	RETINOL
B1	THIN	THIAMINE
B2	RECRUITS	RIBOFLAVIN
B6	PREFER	PYRDOXINE
B12	CARROTS	CYANOCOBALAMIN
C	AND	ASCORBIC ACID
D	SHUN	SUNSHINE
K	MEAT	MENIDONE

A	VERY	VISION
B1	BIG	BERIBERI
B2	PEOPLE	PELLAGRA
B6	NEED	NEURITIS
B12	PRIME	PERNICIOUS ANEMIA
C	STEAK	SCURVY
D	REAL	RICKETS
K	BAD	BLOOD CLOTTING

PHARM TALKS

Pharmacognosy

- Biological, biochem and eco factors

Pharmacy

- Prep, dispensing and proper use

Posology

- Study of dosages

Pharmacodynamics

- Drug actions

Pharmacotheraputics

- Drug treatment

Toxicology

- Study of poisons

Young's Rule

$$\frac{\text{Age in years}}{\text{Age in years} + 12} \times \text{Adult Dose} = \text{Child's Dose}$$

$$\frac{\text{Weight in Lbs}}{\text{Weight in Lbs} + 150} \times \text{Adult Dose} = \text{Child's Dose}$$

Clark's Rule

12 Cranial Nerves

A	**Abducens**	Abduction of eye
H	**Hypoglossal**	Tongue movement
A	**Accesory**	Head turns voice produc
T	**Trochlear**	Eye move / pupil / focus
A	**Acoustic**	Hearing / equil.
F	**Facial**	Facial exp., saliva, taste
O	**Olfactory**	Smell
O	**Oculomotor**	Eye move
T	**Trigeminal**	Facial sensation / chew
G	**Glossopharyngeal**	Swallowing
O	**Optic**	Vision
V	**Vagus**	Movement / heart rate

Quick forms….

- **DD 1289? DOD PERSCRIPTION**

TEMP REQUIREMENTS

Bacteria that produces best at:

Psychophilic **15 – 20 deg C**

Mesophilic **20 – 45 deg C**

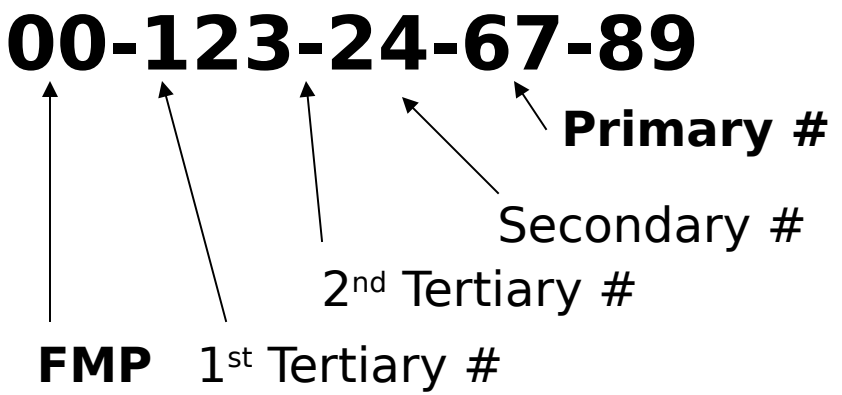
Thermophilic **50 – 55 deg C**

HEALTH RECORDS

0	Orange
1	Green
2	Yellow
3	Grey
4	Tan
5	Blue
6	White
7	Brown
8	Pink
9	Red

Sections

1	Prev Med / Oc Hlt
2	Care / Tx
3	Phys Quals
4	Ancillary Svc.
	Misc



GROWTH REQ FOR BACTERIA

- **M oisture**
- **O xygen**
- **N utrition**
- **T emperature**

EDVR

Enlisted Distribution Verification Report

- Cover Page = **Activity / EPMAC Contact Info**
- MCA = **Manning Control Authority**
- PPSUIC = **Personnel & Pay Service UIC**
- BBS = **Bulletin Board System**

EDVR CHAPTERS (12)

- **1-3 ALL — Alpha listing**
- **4 THOSE — Total Account**
- **5 PEOPLE — Personnel Status Summary**
- **6 DO — DNEC Management**
- **7 NOTHING — NEC Billet / Pers Inventory**
- **8 QUIET — Qualified NEC’s**
- **9 DURING — Diary Message**
- **10 DUTY — Duty Preference**
- **11 SERVICE — Security Data**
- **12 TAD — TAD Personnel (Officer/Enlisted)**

N B C

	AGENT	NAME	TYPE	TX, CHAR, ETC.
KIILLERS No	Nerve	Anticholinesterase	VX GB A D	Atropine 6mg (non-med) Atropinization (med) 2 Pam CL (600mg)
Body	Blood	Systemic Poison	AC CK	Almonds (smell) Amyl nitrate
Cares	Choking	Lung Irritants	CG CL	Cut Grass (smell) Dry Land Drowning
But	Blister	Vesicants	HD HN L CX	Garlic / Horseradish (smel Fish Geraniums (smell) TX-Sodium Bicarb.
RIOT CONTROL Very	Vomiting	Sternutator	DM A C	Vigorous Exercise Fireworks (smell)
Thoughtful	Tearing	Lacrimator	CN A S	Pepper odor Face Wind
People	Psychochemical	Hallucinogen	BZ/3quin	Physostigmine

Study Your BIB